

Health Professionals' Services Program Program Guidelines

Title: Toxicology Testing Exemptions

Pages: 2

Revision Date: 5/15/2013; 4/19/2013; 9/25/2012; 11/16/2010

Guideline:

- 1 **11/16/10-Requirement determined in conjunction with the Health Professionals' Service**
- 2 **Program committee comprised of representatives of the Department of Human Services, and**
- 3 **the Board of Dentistry, Board of Nursing, Board of Pharmacy, and Medical Board.**

- 4 **9/25/12 –Requirement revisions accepted by the Advisory Committee comprised of**
- 5 **representatives from the Oregon Health Authority, the Board of Dentistry, the Board of**
- 6 **Nursing, Board of Pharmacy and Medical Board.**

- 7 1. A Licensee may request a travel exemption from toxicology testing if all of the following conditions
- 8 have been met:
 - 9 a. The request must be made at least two weeks prior to time requested. Testing requests not
 - 10 made within the two-week timeframe may not be considered.
 - 11 b. The licensee must give HPSP the dates requested, and the city, state, and zip code of where
 - 12 the licensee will be staying. HPSP may request a copy of the licensee's itinerary or proof of
 - 13 travel.
 - 14 c. The request must be for travel in an area where calling the interactive voice response
 - 15 system is not possible and/or a collection site is not available within a 20-mile radius.
 - 16 d. The licensee must have a minimum of 9 months in a monitoring program. If the licensee was
 - 17 in a **residential** treatment program 2 weeks prior to licensee's entrance to the monitoring
 - 18 program, the time spent in the treatment program will be included in the 9 month
 - 19 calculation. **Other treatment modalities may be considered as part of the 9 month**
 - 20 **calculation if the treatment included random, observed toxicology testing.**
 - 21 e. The licensee must have a record of compliance with his/her monitoring agreement and
 - 22 addendums. A licensee must have a minimum of nine months in the HPSP program from the
 - 23 time of the closure of a **non-excused** report of substantial non-compliance to be eligible to
 - 24 request a testing exemption.
 - 25 f. All treatment providers must approve the licensee's request, in addition to the licensee's
 - 26 agreement monitor. If the agreement monitor has questions if the request meets the
 - 27 requirements of the Guidelines, the agreement monitor may review the case at the
 - 28 Agreement Monitors meeting or consult with a manager.

- 29 g. The licensee will be required to have a toxicology test upon return from testing exemption.
- 30 2. A licensee is able to use up to 21 testing exemption days per year, except in the first year of the
- 31 program. For the first year, the licensee may not request exemption days until the licensee has been
- 32 in the program and compliant for nine months. For the remaining 3 months of the licensee's first
- 33 year in the program, the licensee will be entitled to 10 exemption days. At the licensee's annual
- 34 review date, which is the anniversary of the date of full enrollment, the licensee will be entitled to
- 35 21 exemption days. For licensees who have previously planned longer vacations during the last
- 36 three months of their first year, the requests may be reviewed and approved at the agreement
- 37 monitor meeting or staffed with a supervisor on a case by case basis.
- 38 3. If a testing exemption is not approved, then the standard vacation policy applies as follows:
- 39 a. The licensee may travel to a location where the licensee is able to call the Interactive Voice
- 40 Response (IVR) or log on to the website on a daily basis.
- 41 b. The licensee must make a request for collection sites at least two weeks in advance of the
- 42 proposed travel.
- 43 c. The licensee needs to give the monitoring program the dates of travel, and the city, state
- 44 and zip code of where the licensee will be staying.
- 45 d. Licensee will need to take a paper Chain of Custody form to the collection site. No travel kit
- 46 is needed.
- 47 4. The IVR and website are accessible from 3:00am Pacific Time to 5:00pm Pacific Time. If the IVR
- 48 system is contacted prior to 3:00am or after 5:00pm, the licensee will NOT hear their individualized
- 49 testing message; rather a message will inform each licensee that they've contacted the IVR outside
- 50 the hours of operation. The website provides the same messaging outside hours of operation.