Cuprise health

HPSP Monthly News & Updates

Satisfaction Survey Available NOW

Twice a year (January and July), we ask for feedback from HPSP participants in order to learn what we're doing well, and where we need to improve. Although the program design and requirements are determined by Oregon statute, and therefore not subject to discretion by HPSP, we want to ensure that we are excelling at the things within our control.

The survey is open NOW (through July 7). It takes less than four minutes to complete, and your anonymous feedback is very much appreciated. We will report on the results of this survey in the August newsletter.

Additionally, you can send feedback any time to the HPSP Program Manager, Kate Manelis, at kate.manelis@uprisehealth.com.

Click Here to Take the Survey

Program Completion

There are always lots of questions around program completion - what are the steps involved? What do I need to do? When do I stop checking in for testing? We want to outline the completion process and offer some guidance so you know what to expect.

Approximately **three months** prior to your estimated date of completion, your Agreement Monitor will prepare a Completion Summary that provides an overview of your participation in HPSP. This is sent to your licensing board (if boardreferred) or the Policy Advisory Committee (if selfreferred) for review and final determination.

You can expect a final toxicology test in the week before your estimated date of completion. This test must result negative prior to you being completed from the program. **Invalid and dilute results are**



Honoring Disability Pride Month

This month, we acknowledge and celebrate healthcare professionals living with disabilities. Approximately 3% of practicing physicians report having a disability as defined by the Americans with Disabilities Act. Aspiring healthcare providers with disabilities have been historically excluded from educational and professional opportunities, however, healthcare workers with disabilities can bring significant value to the workplace.

Please take a few moments to read about a few physicians and nurses with physical disabilities who are breaking barriers and proving that providing excellent healthcare is not limited to the able-bodied.

Disabled Doctors: Healing the Medical Model?

Nurses on Wheels

Testing Holidays

There will be no toxicology tests scheduled on the following days:

• Tuesday, July 4

We strongly recommend that you continue to check in for testing seven days a week, 365 days a year, in order to maintain your routine. Missed

July | 2023

not accepted for the final test, and will need to be repeated. Additionally, if the final result is nonnegative due to a prescription or approved OTC medication, the MRO will need to provide their determination prior to proceeding with program completion. Program completion cannot occur until the final test has resulted negative. You must continue to check in for toxicology testing daily until your completion date.

Prior to program completion, you will need to provide your Agreement Monitor with your written **Recovery Plan**. We are working on developing a standardized tool for this plan, which will be sent to you by your Agreement Monitor three months prior to your completion date.

Your Agreement Monitor will stay in close contact with you as your completion date approaches, to ensure that all requirements are met. You will have a **final call** on your completion date when your Agreement Monitor will confirm that you have completed the program and do not need to check in with the program or check in for testing any longer. Again, this is dependent on the final toxicology test resulting negative. You are not completed from the program until your Agreement Monitor confirms this.

You will receive a letter in the mail confirming your program completion. We recommend that you keep this letter in your records in case you need it in the future for employment/credentialing reasons. You will also receive your toxicology deposit refund as a check mailed to the address on file. If you have not received the refund check within four weeks after your completion date, please reach out to your Agreement Monitor. testing check ins, and missed tests, are common after holiday or vacation exemptions.

A full list of testing holidays for 2023 can be found here: **Oregon State Holidays**

Continuing Education Opportunities

Rainier Springs

Sensory-Based Strategies for Self-Regulation July 21, 2023 Virtual Live Webinar **Registration Information**

Hazelden Betty Ford Foundation

Co-Occurring Disorders in the Criminal Justice System July 19, 2023 Virtual Live Webinar Registration Information

13th Int'l Conference on Addictive Disorders and Alcoholism October 12-13, 2023 Osaka, Japan Conference Information



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